

Prescription Drug Core Group Meeting March 28, 2017 1:00 p.m.

Governor's Office of Youth, Faith and Family - Conference Room B

1700 West Washington Street, Suite 230, Phoenix, Arizona 85007

A general meeting of the Prescription Drug Core Group was convened on March 28, 2017 at the Governor's Office of Youth, Faith and Family, Conference Room B, 1700 West Washington Street, Suite 230 Phoenix, Arizona 85007.

Members Present (9)	
Sheila Sjolander, Chairman, Arizona Department of Health Services	
Deborrah Miller, Co-Chair, Governor's Office of Youth, Faith and Family	
Elizabeth Dodge, Arizona Board of Pharmacy (via phone)	
Tomi St. Mars, Arizona Department of Health Services (via phone)	
Jacqueline Kurth, Industrial Commission of Arizona	
Brett Klein, High Intensity Drug Trafficking Area	
Lauren Prole, Arizona Health Care Cost Containment System	
Chief Thomas Kelly, Apache Junction Police Department (via phone)	
Jenna Jones, Arizona Board of Osteopathic Examiners (via phone)	
Staff/Guests Present (6)	Members Absent (2)
Sonya Pierce-Johnson, Governor's Office of Youth, Faith and Family	Carlena Orosco, Arizona Criminal Justice Commission
Lindsy Cotton, Governor's Office of Youth, Faith and Family	Travis Williams, Arizona Attorney General's Office
Cindi Hunter, Arizona Board of Pharmacy	
Keith Walker, Maricopa County Department of Public Health	
Alexa Morgenroth, Governor's Office of Youth, Faith and Family	
Amanda Webb, Governor's Office of Youth, Faith and Family	

Call to Order

• **Sheila Sjolander, Chairman,** called the Prescription Drug Core Group meeting to order at 1:03 p.m. with 9 members and 6 staff and guests present.

Welcome/Introductions

• Sheila Sjolander, Chairman welcomed everyone and asked them to introduce themselves.

Approval of Minutes

 Minutes for the meeting held February 28, 2017 were reviewed. Chief Thomas Kelly made a motion to approve the minutes. The motion was seconded by Brett Klein and approved by all.

AmeriCorps-PPEP Opioid Grant Update:

- Bob Shogren, shared the following:
 - o AmeriCorps has provided \$50,000 to support the Opioid epidemic in a meaningful way

- AmeriCorps has partnered with Portable Practical Educational Preparation, Inc. (PPEP) to work with agencies in Southern Arizona on the RX Toolkit trainings, presentations on AmeriCorps and technical assistance on the AmeriCorps application. The application to the federal office is due on May 10, 2017
- o Mr. Shogren stated that he has connected with Heather Brown from Mercy Maricopa; they have shown an interest in writing an application for Maricopa County based coalitions
- o Mr. Shogren stated that he also hopes to partner with an organization to address older populations

Introduction to AZ RX Toolkit Power Point Presentation:

• Keith Walker, presented the modifications to the RX Toolkit power point presentation discussed at the last Rx Core Group meeting. Mr. Walker stated that this presentation will also be used by PPEP when they are providing the RX Toolkit trainings in Southern Arizona. Mr. Walker stated that all changes that were recommended in the last meeting were embedded into this power point. Jacqueline Kurth made a motion to accept the changes made in the presentation and adopt the presentation as part of the Rx Toolkit. The motion was seconded by Lauren Prole and approved by all.

Revised Implementation Plan

- **Sheila Sjolander, Chairman,** shared the recommended changes to the Implementation Plan with the core group. The changes reflects the following:
 - o A paragraph was taken out of the introduction as it provided outdated information
 - Revision to the overall goal: Reduce prescription drug overdose deaths in Arizona by 25% by 2018 and 50% by 2021. Recommend changing the goal back to its original measurement 18% by 2018
 - Strategy 1 remains intact
 - Strategy 2 prescribing guidelines were added. Proposed action step-to work with hospitals to develop and implement best practices to prevent overdoses among patients identified at high risk
 - Add steps around enhancing /increasing alternatives to treat chronic pain
 - Add steps around enhancing /increasing use of Naloxone
 - Add Industrial Commission Treatment Guidelines
 - Strategy 3 needs to change the numbering under Objective 1
 - No changes to Strategy 4
 - Recommended that a survey be developed to see how many law enforcement agencies have implemented or are interested in implementing a naloxone program. Survey should identify how agencies are implementing a naloxone program, and if not, what barriers exist Sheila Sjolander offered ADHS to develop a survey and send it to Chief Thomas Kelly and Brett Klein for assistance and expertise
 - o Recommended that the outcomes that are measureable be measured to see if any were met.
 - Recommended that a date be entered on the implementation plan to show revision timeframe
 - Decision was made to review the implementation plan once work begins on the statewide opioid plan

Chief Thomas Kelly made a motion to adopt the changes that were provided. The motion was seconded by **Jacqueline Kurth** and approved by all.

RX Drop Boxes-Update

- Lindsey Cotton, provided an overview of the following:
 - Prescription Drug Drop Box and Take-Back Event Data Collection
 - Primary Objectives for the data collection
 - Applications data usage
 - Barriers to Streamlined Data/Protocol
 - Agreement by group that there is a need for a "how to fact sheet" for those agencies who are interested in drop boxes for statewide consistency

Opioid Grant-Needs Assessment

- Sheila Sjolander, Chairman, shared that ADHS is waiting to hear from SAMHSA on the grant. She also shared that one part of the grant is to conduct a needs assessment. She inquired if the core group had any ideas/questions on what is needed. The core group shared the following:
 - Treatment Capacity
 - Provider Awareness around guidelines i.e. treatment guidelines, recovery treatment options, opioid epidemic, alternative treatments
 - Workforce Awareness
 - o Identifying Gaps i.e. look at the needs around what communities are using to address Rx abuse. Assess which community organizations are utilizing the Rx community toolkit.

Agency / Partner Updates

- Sheila Sjolander shared that ADHS is hosting a hospital discharge planning conference Wednesday, March 29, 2017. Conference will focus on hospital discharge guidelines to prevent opioid overdoses.
- Deborrah Miller shared that the GOYFF is moving forward with housing all media campaigns, advertisement, on the RethinkRX Abuse website. Everything from the ACJC Rx Initiative website will also be placed on this website.
- **Elizabeth Dodge** shared that her department is working on 3rd quarter report cards. They are also connecting with licensing boards. They continue with the integration process with HIE.
- Lauren Prole shared that Monday, April 3, 2017; AHCCCS will be leading a strategic planning meeting on ppioid reduction.
- Brett Klein shared that HIDTA is in the process of completing their threat assessment; this assessment is
 conducted every year. He stated it should be completed in May 2017 and he may possibly be able to share
 this information with the Core Group.
- **Jenna Jones** shared that her agency is instituting a rule change on CME.
- **Jacqueline Kurth** informed the group that she reached out to the Arizona Medical Association; she also reached out to other members of the core group to post the guidelines on the agencies webpage. ADHS and GOYFF will also post it on their agency website.

Future Meeting Dates

- Next meeting is scheduled for:
 - Tuesday, April 25, 2017 from 1:00pm to 3:00pm.

Future Agenda Items

- Tomi St. Mars, update on Naloxone from AZ Post perspective.
- Michelle Skurka, present data from Sonora Prevention Works on Naloxone.
- Permanent Drop Box Process, refine where the sites are located.
- Attorney General Office and HIDTA Training
- Ramping up outreach to pharmacies on Naloxone and permanent drop boxes.
- Opioid Grant

Adjourn

• Sheila Sjolander, Chair, called for a motion to adjourn.

Brett Klein moved to adjourn the meeting at 2:27 pm. Motion was seconded by Jacqueline Kurth. Meeting was adjourned at 2:27 pm.